

## MASSAGES

CLASSIC FULL BODY MASSAGE / 50 min 200,00 kn

It leads to a feeling of relaxation and comfort and has a calming effect. It relaxes muscle tension and restores energy. Improves circulation in subcutaneous tissue and muscles. It supplies oxygen, nutrients and increases the excretion of water from the body, and stimulates immunity.

CLASSIC PARTIAL BACK / LEG MASSAGE / 30 min 150.00

SPORTS MASSAGE / 50 min HRK 250.00

Massage improves blood flow to muscle tissue, stimulates metabolism, and faster absorption of nutrients needed for muscle recovery after training. A sports massage warms up the muscles and prepares them for the physical effort before training.

RELAXING MASSAGE / 60 min 220,00 kn

A gentle relaxing massage designed to relieve stress. With light movements, we relax the body and mind, which leads to relaxation, regeneration, the establishment of proper balance, and the flow of energy in the body.

AROMAMASSAGE / 60 min 230,00 kn

A full body massage using essential oils selected according to the problem. Essential oils harmonize, stimulate and calm the body. Their strong action and pleasant smell will improve the mood, calm the spirit and alleviate physical ailments.

FOOT MASSAGE WITH ELEMENTS OF REFLEXOLOGY / 30 min  
150.00

It has an extremely relaxing effect, it has a positive effect on specific organs in the body. In theory, every point on the body is connected to a point in the sole.

ANTI-CELLULITE MASSAGE / 40 min 180.00

It improves circulation to eliminate toxins and accumulated fat cells (cellulite).

MADEROTHERAPY / 30 min HRK 150.00

Anti-cellulite treatment, massage with wooden rollers of different textures. Rollers repeat a series of movements with constant pressure on deep cellulite and fat deposits and cellulite, stimulates the lymphatic system, which frees the body from accumulated toxins, the release of toxins stimulates metabolism to faster fat consumption, speeds up circulation, and thus triggers cellulite, other toxins, excess water. to the site of excretion i.e. the urinary and digestive tract.

HEAD AND NECK MASSAGE / 30 min 100,00 kn

A relaxing massage that relieves the tension of fatigue and stress, removes blockages and headaches, stimulates circulation. And movements through the scalp strengthen the root and hair.

FACE MASSAGE / 30 min 100,00 kn

Improves blood circulation, relaxes tension and removes tired looks, causes a feeling of serenity and comfort, and contributes to a better appearance,

LOMI LOMI (HAWAIIAN MASSAGE) 60 min 200,00 kn

A form of massage that we perform with long light rhythmic movements of the forearms, elbows, and thumbs.

The movements are connected and continuous, which encourages the client to relax blocked emotions and has an anti-stress effect.

VOLCANIC STONE MASSAGE (HOT STONE) / 60 min 300 kn

Massage with warm stones of volcanic origin.

With light movements, we massage the body with stones and arrange it in places where it regenerates and relaxes muscles and ligaments with its heat.

MASSAGE WITH CHOCOLATE / 60 min 300,00 kn

It has a relaxing effect, stimulates the cardiovascular system, and causes a feeling of euphoria.

Antioxidants strengthen the skin, help cells build collagen and elastin, and retain moisture for some time after the massage.

Before the massage, make an exfoliation and apply chocolate. This is followed by a relaxing massage and after the massage, the body is wrapped to absorb all the ingredients that have a beneficial effect on the skin.

PINDA MASSAGE / 60 min 300,00 kn

Full body massage with warm pads (fabric bags) filled with a combination of one type of herbs, flowers, fruits, with oils.

The massage has a relaxing effect, removes tension, has a draining effect, has a mild exfoliating effect, and has a beneficial effect on the body.

It also has a therapeutic effect due to the intake of essential oil from plants.

## BODY PEELING / 30 min 130,00 kn

By peeling, we remove the dead layer of cells by rubbing the peeling, and the skin gets to shine and softness and absorbs nutrients and moisturizers better. These essential oils in massage. With exfoliation, we achieve a healthy, radiant, and fresh look at the skin and its tone.

\* Mediterranean peeling - based on sea salt with essences of lavender, immortelle, or rosemary oil